



**San Carlos  
Week of the Family**



## *Celebrates Strengthening Family Relationships*

January 26 - February 2, 2007

Since its inception in 1925, San Carlos has been a friendly, family-oriented community. From January 26th - February 2nd, 2007 San Carlos will celebrate its 8th annual Week of the Family. The Steering Committee is comprised of various community volunteers and sponsored by the City of San Carlos. Hundreds of families will take part in a number of free activities to celebrate and strengthen the values of our family-centered community. All forms of families in our community are welcome to participate.

The goals of the Week of the Family are to strengthen family relationships, provide families in our community the tools that help families function, promote family life, educate families on the roles and responsibilities that help families function, honor and pay tribute to families, encourage families serving families, and have a lot of fun.

Sincerely,  
Wendy Goeking and Nancy Gutgsell, Co-Chairs  
San Carlos Week of the Family Committee 2007

### Events

Children's Art Exhibit	All week, Jan. 26 – Feb. 2
Chili Cook-Off and Dinner	Friday, Jan. 26, 6:00PM – 7:00PM
Family Dance	Friday, Jan. 26, 6:30PM – 9:00PM
Make a Difference Day	Saturday, Jan. 27
Family Movie Matinee	Sunday, Jan. 28, 3:00PM
Family Activity Night	Monday, Jan. 29, 6:00PM – 9:00PM
Family Puppet Show	Tuesday, Jan. 30, 7:00PM
Hiller Flight Night	Wednesday, Jan. 31, 4:30PM – 8:00PM
Family Concert	Thursday, Feb. 1, 7:30PM
Family Dinner and Game Night	Friday, Feb. 2, 5:00PM – 9:30PM
City-Wide Roshambo Finals	Friday, Feb. 2, 7:00PM

For more Week of the Family Information visit: [www.cityofsancarlos.org](http://www.cityofsancarlos.org)

### Chili Cook-Off and Chili Dinner

**When:** Friday, January 26, 2007  
6PM - 7PM Dinner / 6:30 - 9PM Dance  
**Where:** San Carlos Adult Community Center, 601 Chestnut St.  
**Contacts:** Vicci Mueller, 508-7321 x153, [viccim@aol.com](mailto:viccim@aol.com)

This is the Annual San Carlos Chili Cook-Off. Come taste the San Carlos Police Department's and Belmont-San Carlos Fire Department's award-winning chili. Vote for your favorite and then enjoy a delicious chili dinner provided by Arguello Catering for only \$5.00 per person. Dinner includes chili dog, potato salad and a drink. Come early, we're limited to approximately 100 dinners.

*Spending time with family members doing fun, safe, educational activities shows our children that they are loved and cared for. Celebrating the love of family members is an important asset not to forget!*

### Family Dance

**When:** Friday, January 26, 2007  
6:30PM - 9:00PM  
**Where:** San Carlos Adult Community Center, 601 Chestnut St.  
**Contacts:** Wendy Goeking, 595-3177, [wengo@aol.com](mailto:wengo@aol.com)

DJ Curtis will be playing songs from the 60's, 70's, 80's, 90's and today. Come learn some new dances and dance to some of your favorites.

**A special thank you to Sequoia Hospital for sponsoring this event.**

*Being socially competent is an important asset. When you help our youth develop life skills and expose them to new people and things, model and teach the positive skills they need to succeed and celebrate with them their successes you are increasing their assets and their chances for a happy life.*

### Make a Difference Day

**When:** Saturday, January 27, 2007  
All day  
**Where:** Anywhere you can make a difference  
**Contact:** Don Eaton, 574-1404, [don@argus-financial.com](mailto:don@argus-financial.com)

With your family, find some way to make a difference. We can all think of a 1,000 ways to make a positive difference in San Carlos and the world, whether it is taking a plate of cookies to a lonely neighbor, cleaning up litter in your neighborhood, volunteering your time to a worthy cause. Let your imagination create something good!

*When a child receives support from mentor adults, experiences caring neighbors, a caring climate within the community and understands that the community as a whole supports and encourages them, their self-esteem and self-worth increases. Creating assets in San Carlos is an everyday occurrence.*

### Family Movie Matinee

**When:** Sunday, January 28, 2007  
Doors Open at 3:00PM  
Show Begins at 3:15PM  
**Where:** Heather Elementary School, Multiuse Room  
2757 Melendy Drive  
Note: Due to construction the movie will not be held at Brittan Acres this year.  
**Contacts:** Tim King, 802-8141, [tim\\_king@mindspring.com](mailto:tim_king@mindspring.com)  
Tessa Martino, 593-3181, [tessamartino@yahoo.com](mailto:tessamartino@yahoo.com)  
Susie Toussaint, 637-1825, [bstous@aol.com](mailto:bstous@aol.com)

Brad Lewis of Pixar Studios, and our San Carlos Vice Mayor, will speak on the animation process and show "Cars". Popcorn will be served. Metal chairs will be available, but families are encouraged to bring bean bag chairs, pillows, blankets or mats to make this a fun, comfortable experience.

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### Family Activity Night

**When:** Monday, January 29, 2007  
All Evening  
**Where:** Your House or  
San Carlos First Baptist Church, 787 Walnut St.  
6:00PM – 9:00PM  
**Contact:** Don Eaton, 574-1404, [don@argus-financial.com](mailto:don@argus-financial.com)  
Rev. Laurel Morrison, 593-8001, [revlaurel@pacbell.net](mailto:revlaurel@pacbell.net)

Come and join the fun as we celebrate the Week of the Family! We invite you to a free "kid friendly" dinner. Then spend some quality time doing arts and crafts with your kids and/or your grandkids. We'll provide the craft supplies and even clean up the mess. If you like to sing we are going to have karaoke too! This is not a "religious event." All are welcome! Please R.S.V.P. if you can come so we know how much food and supplies to get.

Since its inception 8 years ago, the Week of the Family Committee has designated the Monday evening of the week as a night reserved for families to stay at home and do something specifically with their family, with the hope that reserving one night per week will be habit-forming. To show support, the San Carlos schools have declared Monday, January 29th as a "No Homework" night.

We would hope that all families in San Carlos would reserve that night for the purpose intended. If someone is alone, they are encouraged to join in with another family, or be "adopted" for the night.

Possible Family Activity Night activities are included later in this brochure.

*By supporting our youth with love, care and attention you help our young feel secure and accepted. If you surround them with people who care and support their dreams and hopes for the future you are giving them an outlook that is positive. Positive values and identity are important assets.*

# Family Puppet Show

**When:** Tuesday, January 30, 2007  
Doors open at 6:40PM  
Program begins at 7:00PM (Doors will close promptly at 7:00PM)  
Program length: approx. 45 minutes  
**Where:** San Carlos Public Library, Community Room A/B, 2nd Floor  
**Contact:** Heidi Dolamore, Children's Librarian, 591-0341, ext. 224, dolamore@smcl.org

Nick Barone Puppets presents “T-Rex Thunderlizard's Wild West Revue” a half-hour musical comedy cowboy show of prehistoric proportions. A cast of over twenty friendly dinosaurs, dressed as cowboys, will entertain you with songs, jokes and skits. This fun-filled romp through the Wild West is chock full of dinosaur facts and it's lots of fun to boot! YEE HAW!

*Being exposed to and being able to participate in music, drama and the arts are an important asset for our youth. When we challenge our youth to explore and learn new things, read and learn with them and encourage them in their education, we will be building assets.*

# Hiller Flight Night

**When:** Wednesday, January 31, 2007  
4:30PM - 8:00PM  
Note: Must arrive by 4:30PM to participate.  
**Where:** Hiller Aviation Museum, 601 Skyway Road  
**Contact:** North E. West, 654-0200 x219, north@hiller.org

A fun-filled family adventure at the Hiller Museum. Build and fly a rubber band-powered aircraft and compete in the junior (8 to 14 years) or senior (15 years and up) flight divisions. 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place prizes (gift certificates) will be awarded.

The AMA Cub aircraft is purchased at the store prior to the competition (\$2.50 each). The Hiller Museum provides all the necessary supplies and assistance to finish the model. The flight event is limited to 30 people and we suggest that all pilots participating be 8 years old or older.

Reservations are mandatory, no later than January 29<sup>th</sup>, and are on a first-come, first-served basis. Call or email North E. West and leave a contact number.

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# Family Concert

**When:** Thursday, Feb 1, 2007  
7:30PM  
**Where:** Tierra Linda Middle School, Multiuse Room

The Central Jazz Band, Tierra Linda Jazz Band, and Carlmont Jazz Ensemble play.

*When youth use their time wisely and have positive role models their chances for success increases. Music and the arts are important activities for our children to learn from and be exposed to.*

# Family Dinner and Game Night

**When:** Friday, February 2, 2007  
5:00PM - 9:30PM  
**Where:** San Carlos Adult Community Center, 601 Chestnut St.  
**Contact:** Kevin O'Hare, 591-4085, ibacchus@pacbell.net

Come enjoy a fun evening with your family and friends. Play a variety of board and card games that are fun, competitive and educational in nature. KublaCon Game Convention Staff members (www.kublacon.com) will provide games to play, plus teach and coordinate game playing. Gator Games of San Mateo has donated a number of quality games that will be given out as prizes throughout the evening. (Gator Games discount coupons will be available to those in attendance.) Bring games from home to share as well.

Hot dog dinners and drinks will be sold from 5:30-8PM. Come join in the fun!

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# City-Wide Roshambo Contest

**When:** February 2, 2007 (During Family Game Night)  
7:00 PM  
Note: Dates, times, and locations vary for preliminary rounds.  
**Where:** San Carlos Adult Community Center, 601 Chestnut St.  
**Contacts:** Lorraine Murphy, 637-9428, murphyteam@yahoo.com  
Rick Carpenter. 508-7370

We are having our second San Carlos City-Wide Roshambo (Rock, Paper, Scissors) Contest during Week of the Family, with finals on Friday, February 2, at Game Night at the Adult Community Center. Two champions from each school will be in the finals, plus two “at-large” finalists. Prizes will be awarded. If you are interested in participating in the "at-large" division, please sign up in the Children's Room at the San Carlos Public Library. Everyone can play and there are no age restrictions.

Rules:

- You and your opponent make a fist with one hand and tap it three times on the fist of the other hand (or another hard surface).
- You and your opponent should both count the strokes out loud.
- On the third tap you and your opponent should both make or “throw” your characterizations of either ROCK, PAPER, or SCISSORS very distinctly, at the exact same time, so there is absolutely no mistake what you threw.
- Winner is awarded 1 point. (Rock dulls/beats scissors. paper covers/beats rock, scissors cuts/beats paper.)
- If you and your opponent “throw” the same character, no points are awarded.
- The first person to gain 10 points wins; however, you must win by 2 points.

*Young people need to develop positive values. They need a strong sense of their own power, purpose, worth, and promise. Healthy competition encourages our youth to get excited about learning new things, having fun, and living out positive values such as honesty, caring, and sportsmanship.*

# Children's Art Exhibit

**When:** Entire Week of the Family During normal business hours  
**Where:** San Carlos Post Office, San Carlos Public Library, Scrapbook Depot, and Union Bank  
**Contacts:** Dulcie Morrison, 592-1103, DMORR49ER@aol.com  
Jillian Shenk, 637-1000, jkshenk@mac.com

Children’s Art, all ages and grades, will be on display at various locations throughout San Carlos during normal working hours.

*Constructive use of time is an important asset. All kids need access to quality programs and activities that enrich their lives, develop their talents and interests and help them develop healthy relationships.*

# Ideas for Family Activity Night

As a family...

- Play board or card games.
- Get out the family photo album.
- Make up a play or story.
- Make dinner—everyone contributes a dish.
- Make a family calendar.
- Go to the park.
- Read a book aloud (book lists are available at the library).
- Write letters to grandparents or other family members.
- Draw or paint a picture.
- Learn how to use a compass.
- Listen to and discuss classical, rock and roll, or country music.
- Go to the library.
- Play a game outside.
- Bake bread.
- Start a family journal.
- Sing.

# Ideas for Make a Difference Day

- Spend some time with an elderly neighbor.
- Bake cookies for someone.
- Donate clothing.
- Help clean-up your neighborhood, school, or nearby park.
- Collect food for Second Harvest.
- Clean out your room and donate unused toys.
- Change the batteries in your smoke detectors, then call your neighbors to remind them too.
- Volunteer in a children’s hospital.
- Do something nice for someone who makes your life better.
- Donate a book to the San Carlos Library, or your school library.
- Donate blood.
- Do something nice for your neighbors.
- Donate time at a local nursing home, animal shelter, or charity.
- Write a letter to your Congressman about something you feel is important.