



**San Carlos
Week of the Family**



Celebrates Strengthening Family Relationships

Since its inception in 1925, San Carlos has been a friendly, family-oriented community. From January 22nd – January 31st, 2009 San Carlos will celebrate its **10th annual** Week of the Family. Sponsored by the City of San Carlos, the Steering Committee consists of representatives from the City of San Carlos, local schools, churches and community groups.

Hundreds of families will take part in a number of free activities to celebrate and strengthen the values of our family-centered community. San Carlos families take many forms. Everyone in our community is encouraged to participate.

The goals of the Week of the Family are to:

- Strengthen family relationships
- Provide families in our community the tools that help families function
- Promote family life
- Educate families on the roles and responsibilities that help families function
- Honor and pay tribute to families
- Encourage families serving families
- Have lots of fun

Sincerely,
Tim King, Chair, San Carlos Week of the Family Committee 2009
tim_king@mindspring.com

Events

Food Drive	All week long
Band-o-Rama	Thursday, Jan. 22, 7:00 PM – 9:00 PM
Cooks' Night Out	Friday, Jan. 23, All Night
Make a Difference Day	Saturday, Jan. 24, 1:00 PM – 3:00 PM
Family Movie Matinee	Sunday, Jan. 25, 3:00 PM – 5:00 PM
Family Activity Night	Monday, Jan. 26, All Night
Family Animal Show	Tuesday, Jan. 27, 7:00 PM – 8:00 PM
Hiller Flight Night	Wednesday, Jan. 28, 4:30 PM – 8:00 PM
Community Sing-a-long	Wednesday, Jan. 28, 6:30 PM
Jazz Concert	Thursday, Jan. 29, 7:00 PM – 9:00 PM
Family Game Night	Friday, Jan. 30, 4:30 PM – 9:30 PM
City-Wide Roshambo Finals	Friday, Jan. 30, 7:00 PM – 7:45 PM
Family Theater Night	Saturday, Jan. 31, 7:00 PM – 9:00 PM

For more Week of the Family information visit: www.cityofsancarlos.org

Band-o-Rama

When: Thursday, January 22, 2009
7:00 PM – 9:00 PM
Where: Central Middle School, Mustang Hall
Contacts: Tessa Martino, 593-3181, tessamartino@yahoo.com

Everyone who has ever played an instrument is welcome to join in the fun! Perform in a fun concert; you only need to bring yourself and your instrument. Many of our participants play their instrument once a year. The two middle schools have a competition to see who has more families in attendance! Prizes are given away and the music is great -- come join in!

When youth use their time wisely and have positive role models their chances for success increases. Music and the arts are important activities for our children to learn from and be exposed to.

Cooks' Night Out

When: Friday, January 23, 2009
All Night
Where: All over San Carlos

Take the family cook to dinner. Spend time with the family enjoying a night out on the town. Invite friends and neighbors to join you.

Being socially competent is an important asset. When you help our youth develop life skills and expose them to new people and things, model and teach the positive skills they need to succeed and celebrate with them their successes you are increasing their assets and their chances for a happy life.

Make a Difference Day

When: Saturday, January 24, 2009
1:00 PM – 3:00 PM
Where: San Carlos Adult Community Center, 601 Chestnut St.
Contact: Jillian Shenk, 787-8991, jkshenk@mac.com

Happiness is contagious! Everyone can use a smile. Come and craft a "Smile" box/basket/bag (or two) and fill with goodies. Create a personal greeting card. Then, deliver both to someone you know who would enjoy getting a smile.

Bring your own container(s), i.e. shoe box, basket, paper bag, gift bag, etc. Do you have some small items that would provoke a smile? If so, bring them along to include in your container. Examples might include a deck of cards, a paperback novel, note cards, postage stamps, gift cards, candy, etc. Be sure to consider the age, gender and health issues of your Smile recipient. Containers of food items, beverages, and other surprises will be available to supplement your own items. Arts and crafts supplies will be available for drawing, stamping, painting, tying, and writing upon. Have extras to share? Bring them along.

Plan on making a difference to someone you care about!

When a child receives support from mentor adults, experiences caring neighbors, a caring climate within the community and understands that the community as a whole supports and encourages them, their self-esteem and self-worth increases.

Family Movie Matinee

When: Sunday, January 25, 2009
Doors Open at 3:00 PM
Show Begins at 3:15 PM
Where: Brittan Acres, Multiuse Room
2000 Belle Avenue
Contacts: Tessa Martino, 593-3181, tessamartino@yahoo.com

Oscar winner Brad Lewis of Pixar Studios, a San Carlos City Council member, presents the movie **WALL•E**. Popcorn will be served. Metal chairs will be available, but families are encouraged to bring bean bag chairs, pillows, blankets or mats to make this a fun, comfortable experience.

Spending time with family members doing fun, safe, educational activities shows our children that they are loved and cared for. Celebrating the love of family members is an important asset not to forget!

Family Activity Night

When: Monday, January 26, 2009
All Evening
Where: Your House
Contact: Don Eaton, 358-3188, don@argus-financial.com

Since its inception ten years ago, the Week of the Family Committee has designated the Monday evening of the week as a night reserved for families to stay at home and do something specifically with their family. It is hoped that reserving one night per week will become habit-forming. To show their support, San Carlos schools have declared Monday, January 26th as a "No Homework" night, and the San Carlos City Council has postponed their regular meeting.

Family Activity Night is for everyone. You are encouraged to "adopt" friends and neighbors who would enjoy an evening of family activities.

Ideas for things to do as a family:

- Play board or card games
- Get out the family photo album
- Make up a play or story
- Make dinner—everyone contributes a dish
- Make a family calendar
- Read a book aloud (book lists are available at the library)
- Write letters to grandparents or other family members
- Draw or paint a picture
- Learn how to use a compass
- Pull out your old records, tapes, CDs, then listen to and discuss music
- Tell stories from your family history
- Go to the library
- Bake bread
- Start a family journal
- Sing

By supporting our youth with love, care and attention you help our young feel secure and accepted. If you surround them with people who care and support their dreams and hopes for the future you are giving them an outlook that is positive. Positive values and identity are important assets.

Family Wild Animal Show

When: Tuesday, January 27, 2009
Doors open at 6:40 PM
Program begins at 7:00 PM (Doors will close promptly at 7:00 PM)
Program length: approx. 50 minutes

Where: San Carlos Public Library, Community Room A/B, 2nd Floor

Contact: Michelle Loomis, Children's Librarian, 591-0341, ext. 224, loomis@smcl.org

You never know which amazing creatures you'll see up close when Wild Things, Inc. bring their exotic rescued wildlife to town! See their web site for details: www.wildthingsinc.org

Being exposed to and being able to participate in music, drama and the arts are an important asset for our youth. When we challenge our youth to explore and learn new things, read and learn with them and encourage them in their education, we will be building assets.

Hiller Flight Night

When: Wednesday, January 28, 2009
6:30 PM - 8:00 PM

Where: Hiller Aviation Museum, 601 Skyway Road

Contact: North E. West, 654-0200 x219, North@Hiller.org

Explore the magic of flight having a fun-filled family adventure at the Hiller Aviation Museum. Learn how airplanes and helicopters fly while enjoying a special 30 minute educational tour of the museum. Then, get hands-on by building a rubber band powered helicopter and flying them inside the atrium.

The Hiller Museum provides all the necessary supplies and assistance to finish the model. The flight event is limited to 30 people and we suggest that all pilots participating be 5 years old or older.

Reservations are mandatory, no later than January 26th, and are on a first-come, first-served basis. Call or email North E. West at (650) 654-0200 ext. 219, North@Hiller.org. Please leave the number of people in your party and a contact number.

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Food Drive

When: All week long

Where: Tierra Linda Middle School, 750 Dartmouth Ave., and at events throughout the Week of the Family

Contact: Cori Carpenter, 508-7370, ccarpent@sancarlos.k12.ca.us

Students from Tierra Linda Middle School will be collecting donations of canned, boxed or packaged foods that are non-perishable and in factory sealed condition. The primary recipient will be the San Carlos Senior Center's Caring Cupboard. Cash donations will also be accepted—make checks payable to the Second Harvest Food Bank.

Community Sing-a-Long

When: Wednesday, January 28, 2009
6:30 PM – 7:30 PM

Where: Trinity Presbyterian Church, Brittan and Alameda
(Enter from the upper Brittan Ave. parking lot.)

Contacts: Kristan Verveniotis, 593-8226, kverv@trinity-pres.org

“Songs of America” is our theme for an evening of music for all generations. Families and folk, young and old are invited to join in singing oldies, standards, folk and patriotic tunes of our lifetimes. Song leaders and instrumentalists will support you; lyrics will be projected to make it all easy to follow! Also enjoy a rousing demonstration of Trinity’s 37 rank, 2,172 pipe Schantz pipe organ.

When youth use their time wisely and have positive role models their chances for success increases. Music and the arts are important activities for our children to learn from and be exposed to.

Jazz Concert

When: Thursday, Jan. 29, 2009
7:00 PM – 9:00 PM

Where: Tierra Linda Middle School, Gym

Contacts: Tessa Martino, 593-3181, tessamartino@yahoo.com
Mike Coffaro, 591-3845, macoffaro@sbcglobal.net

Come listen to the Central Jazz Band, Tierra Linda Jazz Band and Carlmont Jazz Band show off their many hours of practice.

When youth use their time wisely and have positive role models their chances for success increases. Music and the arts are important activities for our children to learn from and be exposed to.

Family Game Night

When: Friday, January 30, 2009
4:30 PM – 9:30 PM

Where: San Carlos Adult Community Center, 601 Chestnut St.

Contact: Kevin O'Hare, 591-4085, ibacchus@pacbell.net

Come enjoy a fun evening with your family and friends. Play a variety of board and card games that are fun, competitive and educational in nature. Local board game players will loan their personal games for play, plus teach and coordinate game playing. Gator Games of San Mateo has donated a number of quality games that will be given out as prizes throughout the evening. (Gator Games discount coupons will be available to those in attendance.) Bring games from home to share as well.

Hot dog dinners and drinks will be sold from 5:30-7:30 PM. Come join in the fun!

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City-Wide Roshambo Contest

When: Friday, January 30, 2009 (During Family Game Night)
7:00 PM – 7:45 PM

Note: Dates, times, and locations vary for preliminary rounds.

Where: San Carlos Adult Community Center, 601 Chestnut St.

Contacts: Mike Coffaro, 591-3845, macoffaro@sbcglobal.net

We are having our second San Carlos City-Wide Roshambo (Rock, Paper, Scissors) Contest during Week of the Family, with finals during Family Game Night at the Adult Community Center. Two "at-large" finalists, plus two champions from each school will participate in the finals. Prizes will be awarded. If you are interested in participating in the "at-large" division, please sign up in the Children's Room at the San Carlos Public Library. Everyone can play and there are no age restrictions.

Rules:

- You and your opponent make a fist with one hand and tap it three times on the fist of the other hand (or another hard surface).
- You and your opponent should both count the strokes out loud.
- On the third tap you and your opponent should both make or “throw” your characterizations of either ROCK, PAPER, or SCISSORS very distinctly, at the exact same time, so there is absolutely no mistake what you threw.
- Winner is awarded 1 point. (Rock dulls/beats scissors. paper covers/beats rock, scissors cuts/beats paper.)
- If you and your opponent “throw” the same character, no points are awarded.
- The first person to gain 10 points wins; however, you must win by 2 points.

Young people need to develop positive values. They need a strong sense of their own power, purpose, worth, and promise. Healthy competition encourages our youth to get excited about learning new things, having fun, and living out positive values such as honesty, caring, and sportsmanship.

Family Theater Night

When: Saturday, January 31, 2009
7:00 PM – 9:00 PM

For additional days and times see the web site: www.sancarloschildrenstheater.com

Where: Central Middle School Auditorium, 828 Chestnut Street

Contacts: Donna Avanzino, 594-2730, donna@sancarloschildrenstheater.com

Students from Central and Tierra Linda Middle Schools present “Yearbook Reflections.” The play takes a look back at a school year full of laughter, stress and loss with wonderful songs and stories.

Being exposed to and being able to participate in music, drama and the arts are an important asset for our youth. When we challenge our youth to explore and learn new things, read and learn with them and encourage them in their education, we will be building assets.