



San Carlos Week of the Family



Celebrates Strengthening Family Relationships

Since its inception in 1925, San Carlos has been a friendly, family-oriented community. From January 23rd – January 29th, 2010 San Carlos will celebrate its **11th annual** Week of the Family. The Steering Committee consists of representatives from the City of San Carlos, local schools, churches and community groups.

Hundreds of families will take part in a number of free activities to celebrate and strengthen the values of our family-centered community. San Carlos families take many forms. Everyone in our community is encouraged to participate.

The goals of the Week of the Family are to:

- Strengthen family relationships
- Provide families in our community the tools that help families function
- Promote family life
- Educate families on the roles and responsibilities that help families function
- Honor and pay tribute to families
- Encourage families serving families
- Have lots of fun

Sincerely,

Tim King, Chair, San Carlos Week of the Family Committee 2010

tim_king@mindspring.com

Events

Family Hike Day	Saturday, Jan. 23, All Day, Noon, 2:30 PM
Family Movie Matinee	Sunday, Jan. 24, 3:00 – 5:00 PM
Community Sing-a-long	Sunday, Jan. 24, 6:00 – 7:00 PM
Family Activity Night	Monday, Jan. 25, All Night
Cooks' Night Out	Tuesday, Jan. 26, All Night
Family Puppet Show	Tuesday, Jan. 26, 7 – 7:30 and 8 – 8:30 PM
Hiller Flight Night	Wednesday, Jan 27, 6:00 – 7:30 PM
Jazz Concert	Thursday, Jan. 28, 7:00 – 8:30 PM
Family Game Night	Friday, Jan. 29, 5:30 – 9:30 PM
City-Wide Roshambo Finals	Friday, Jan. 29, 7:00 – 7:45 PM

For more Week of the Family information visit our web site at:

www.SanCarlosWeekOfTheFamily.org

Family Hike Day

When: Saturday, January 23, 2010
Guided Hike 1: Noon – 2 PM (2 miles, paved)
Guided Hike 2: 2:30 – 4:30 PM (3 miles, trail)

Where: Pulgas Ridge Open Space Preserve,
Edmonds Road (off Crestview)

Contacts: Tom Davids, 703-4827, tom@tomdavids.com

Explore the hiking trails of San Carlos with your family. Take a family walk through any of the local hiking trails. Or take a guided hike to visit Pulgas Ridge, home to the Dusky Footed Wood Rat and several early blooming wild flowers, plus the ruins of Hassler Home. The noon hike is about two miles on a paved road and is suitable for jogging strollers. The elevation gain is 400 ft. The 2:30 PM hike is about three miles, on a single track trail, and is suitable for children 6yrs and older. Bikes are not allowed on either trail but the family dog, on leash, is welcome

Instilling positive values and empowering them to make positive choices in their lives are important assets for our children to learn. Taking care of our natural resources and supporting our park system will ensure their love of nature and community.

Family Movie Matinee

When: Sunday, January 24, 2010

Doors Open at 3:00 PM

Show Begins at 3:15 PM

Where: Brittan Acres, Multiuse Room
2000 Belle Avenue

Contacts: Tessa Martino, 593-3181, tessamartino@yahoo.com

The San Carlos Week of the Family committee will present the movie **Up**. Popcorn will be served. Metal chairs will be available, but families are encouraged to bring bean bag chairs, pillows, blankets or mats to make this a fun, comfortable experience.

Spending time with family members doing fun, safe, educational activities shows our children that they are loved and cared for. Celebrating the love of family members is an important asset not to forget!

Community Sing-a-Long

When: Sunday, January 24, 2010

6:00 – 7:00 PM

Where: Trinity Presbyterian Church, Brittan and Alameda

Contacts: Kristan Verveniotis, 593-8226, kverv@trinity-pres.org

Enjoy a cookie or two and some coffee or juice as you join in singing the good ole tunes of our lifetimes. Song leaders and instrumentalists will support you; lyrics will be projected to make it all easy to follow! Kids Alive youth choir will perform and you can also enjoy a rousing demonstration of Trinity's 37 rank, 2,172 pipe Schantz pipe organ.

When youth use their time wisely and have positive role models their chances for success increases. Music and the arts are important activities for our children to learn from and be exposed to.

Family Activity Night

When: Monday, January 25, 2010

All Evening

Where: Your House

Contact: Don Eaton, 358-3188, don@argus-financial.com

Since its inception eleven years ago, the Week of the Family Committee has designated the Monday evening of the week as a night reserved for families to stay at home and do something specifically with their family. It is hoped that reserving one night per week will become habit-forming. To show their support, San Carlos principals unanimously declared Monday, January 25th as a "No Homework" night.

Family Activity Night is for everyone. You are encouraged to "adopt" friends and neighbors who would enjoy an evening of family activities.

Ideas for things to do as a family:

- Play board or card games
- Get out the family photo album
- Make up a play or story
- Make dinner—everyone contributes a dish
- Make a family calendar
- Read a book aloud (book lists are available at the library)
- Write letters to grandparents or other family members
- Draw or paint a picture
- Learn how to use a compass
- Pull out your old records, tapes, CDs, then listen to and discuss music
- Tell stories from your family history
- Go to the library
- Bake bread
- Start a family journal
- Sing

For additional ideas, go to the week of the family web site:

www.SanCarlosWeekOfTheFamily.org

By supporting our youth with love, care and attention you help our young feel secure and accepted. If you surround them with people who care and support their dreams and hopes for the future you are giving them an outlook that is positive. Positive values and identity are important assets.



www.SanCarlosWeekOfTheFamily.org

Cooks' Night Out

When: Tuesday, January 26, 2010
All Night

Where: All over San Carlos

Contacts: Kristan Verveniotis, 593-8226, kverv@trinity-pres.org
Tessa Martino, 593-3181, tessamartino@yahoo.com

Take the family cook to dinner. Spend time with the family enjoying a night out on the town. Invite friends and neighbors to join you.

These selected restaurants are offering discounts. Your favorite is not on the list? Give them a call to see if they'll honor your request.

- Mack's BBQ, 1541 Laurel – 20% off (Jason Mackwood)
- Sneaker's, 1163 San Carlos Avenue – Kids under 10 free (children's menu) with each adult meal ordered (Steve Salazar)
- Subway, 744 El Camino – 15% off (Sunil Sehgal)
- Saffron Indian, 1143 San Carlos Ave. – 15% off (Ajay Walia)
- Mythos, 1201 San Carlos Ave. – 20% off (Edward Khachaturian)
- Santorini, 753 Laurel Street – 15% off (Edward Khachaturian)
- La Hacienda, 1377 Laurel – 15% off (Chris & Tina Ramirez)
- WingStop, 1135 Industrial, Suite E – 10% off (Alfred Abellon Jr.)
- Round Table Pizza, 1324 El Camino Real – \$5 Pizza (Ming)

PLEASE BRING THIS BROCHURE TO RECEIVE THE DISCOUNT!

Being socially competent is an important asset. When you help our youth develop life skills and expose them to new people and things, model and teach the positive skills they need to succeed and celebrate with them their successes you are increasing their assets and their chances for a happy life.

Family Puppet Shows

When: Tuesday, January 26, 2010
Doors open at 6:40 PM (Doors close promptly at 7)
The Vaudeville Follies begins at 7:00 – 7:30 PM
Carnival of Animals begins at 8:00 – 8:30 PM

Where: San Carlos Public Library, Community Room A/B, 2nd Floor

Contact: Rhea Bradley, Children's Librarian, 591-0341x237, bradley@smcl.org

The Fratello Marionettes will present two puppet shows. **'The Vaudeville Follies'** is a marionette variety show presented in the spirit of the old time music hall. **'Carnival of the Animals'** presents three classic storybook fairy tales- the 'Three Little Pigs', the 'Tortoise and the Hare', and the 'Ugly Duckling'.

For more information see their web site: www.fratellomarionettes.com

Being exposed to and being able to participate in music, drama and the arts are an important asset for our youth. When we challenge our youth to explore and learn new things, read and learn with them and encourage them in their education, we will be building assets.

www.SanCarlosWeekOfTheFamily.org

Hiller Flight Night

When: Wednesday, January 27, 2010
6:00 – 7:30 PM

Where: Hiller Aviation Museum, 601 Skyway Road

Contact: North E. West, 654-0200 x219, North@Hiller.org

Explore the magic of flight with a fun-filled family adventure at the Hiller Aviation Museum. Learn how airplanes and helicopters fly while enjoying a special 30 minute tour of the Museum, and then explore flight hands-on with an exciting flight simulation session. All pilots should be at least age 5 to participate in this program.

The flight event is limited to 48 participants. Reservations are required and must be made no later than January 25th. Call (650) 654-0200 x 219 to reserve a space. We'll see you there!

Spending time with family members doing fun, safe, educational activities shows our children that they are loved and cared for. Celebrating the love of family members is an important asset not to forget!

Jazz Concert

When: Thursday, January 28, 2010
7:00 – 8:30 PM

Where: Tierra Linda Middle School, Gym

Contacts: Tim King, 594-0686, tim_king@mindspring.com

Come listen to jazz bands from Central Middle School, Tierra Linda Middle School, Sequoia High School and Carlmont High School.

When youth use their time wisely and have positive role models their chances for success increases. Music and the arts are important activities for our children to learn from and be exposed to.

Family Game Night

When: Friday, January 29, 2010
5:30 – 9:30 PM

Where: San Carlos Adult Community Center, 601 Chestnut St.

Contact: Kevin O'Hare, 591-4085, ibacchus@pacbell.net

Come enjoy a fun evening with your family and friends. Play a variety of board and card games that are fun, competitive and educational in nature. Local board game players will loan their personal games for play, plus teach and coordinate game playing. Gator Games of San Mateo has donated a number of quality games that will be given out as prizes throughout the evening. (Gator Games discount coupons will be available to those in attendance.) Bring games from home to share as well.

Hot dog dinners and drinks will be sold from 5:30-7:30 PM. Come join in the fun!

Spending time with family members doing fun, safe, educational activities shows our children that they are loved and cared for. Celebrating the love of family members is an important asset not to forget!

City-Wide Roshambo Contest

When: Friday, January 29, 2010 (During Family Game Night)
7:00 – 7:45 PM

Note: Dates, times, and locations vary for preliminary rounds.

Where: San Carlos Adult Community Center, 601 Chestnut St.

Contacts: Tessa Martino, 593-3181, tessamartino@yahoo.com

We are having our second San Carlos City-Wide Roshambo (Rock, Paper, Scissors) Contest during Week of the Family, with finals during Family Game Night at the Adult Community Center. "At-large" finalists, school champions will participate in the finals. Prizes will be awarded. If you are interested in participating in the "at-large" division, please sign contact the chair prior to the event. Everyone can play and there are no age restrictions.

Rules:

- You and your opponent make a fist with one hand and tap it three times on the fist of the other hand (or another hard surface).
- You and your opponent should both count the strokes out loud.
- On the third tap you and your opponent should both make or "throw" your characterizations of either ROCK, PAPER, or SCISSORS very distinctly, at the exact same time, so there is absolutely no mistake what you threw.
- Winner is awarded 1 point. (Rock dulls/beats scissors. paper covers/beats rock, scissors cuts/beats paper.)
- If you and your opponent "throw" the same character, no points are awarded.
- The first person to gain 10 points wins; however, you must win by 2 points.

Young people need to develop positive values. They need a strong sense of their own power, purpose, worth, and promise. Healthy competition encourages our youth to get excited about learning new things, having fun, and living out positive values such as honesty, caring, and sportsmanship.

Sponsors

Week of the Family events were put on this year by donations of time and energy by the Week of the Family Committee members, community groups and organizations, and by generous financial contributions from:



Sequoia Hospital

A member of CHW

InPrint Corporation
A division of ARC